

August–Pugwash

*** Sign Up Required**
(\$ Money Required)

Ready to JOIN the fun?
Reach out to Paula or Spencer
at
sistaff@sunsetcommunity.ca

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10-3 Stir It Up and Move (\$ *FULL*)
2	3 CLOSED	4 9-11 Baking 1-3 Chocolate Bar BINGO	5 9-11 Beach Volley Ball & Outdoor Games 1-3 Wellness Wednesday	6 9-11 Viewsonic Games 1-3 (\$ Ice Cream @ Park	7 Beach Day * Full Day No Onsite Programs	8 10-3 Stir It Up and Move (\$ *FULL*)
9 Community BINGO & Lunch (\$ *)	10 9-11 Pickleball 1-3 Jam Session with Spencer	11 9-11 BINGO 1-3 Outdoor Games Offsite -Dutchmen's Cheese Farm & Lunch (\$ *)	12 9-11 Wellness Wednesday 1-3 Trivia Games	13 Fishing Trip * Full Day No Onsite Programs	14 Disability Pride (Amherst) Full Day (\$ No Onsite Programs *)	15 10-3 Stir It Up and Move (\$ *FULL*)
16	17 9-11 Pickleball 1-3 Baking	18 9-11 Viewsonic Bowling and Board Games 1-3 Card Games & Darts	19 10 - 11:30 Self Advocacy Meeting 1-3 Wings @ Route 6 Roadhouse *	20 Beach Day * Full Day No Onsite Programs	21 9-11 BINGO 1-3 Park & Rock Painting (\$ Offsite - PEI TRIP *)	22 10-3 Stir It Up and Move (\$ *FULL*)
23	24 9-11 Pickleball 1-3 Craft	25 9-11 Dancersize 1-3 Outdoor Water Fun Offsite - Dinner & a Movie (\$ *)	26 9-11 Hike & Wilderness 1-3 Basketball BUMP @Basketball Courts	27 9-11 Drumfit/Chair Yoga 1-3 Make Smoothies & Outdoor fun	28 Community Talent Show @ 10am 1-3 Outdoor Games	29 10-3 Stir It Up and Move (\$ *FULL*)
30	31 9-11 Pickleball 1-3 Painting Workshop with Stephen					

NOTES

Saturday August 8th - after cooking we will be heading to the park for the LIVE Music!

Tuesday August 25th - Movie - Insidious (Scary)

♥ Like what you see?
If you'd like to contribute to future Social Hub activities and opportunities, you can do so here.

